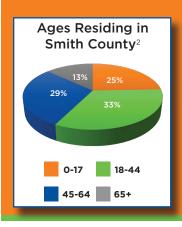


LOOKING INSIDE OUR COUNTY

family life skills to make positive impacts in our community is the mission of Tennessee Extension Family and Consumer Sciences programs.

Extension agents and state faculty collaborate to share their expertise and experience in nutrition and food safety, health, human development and financial management with Smith County residents.

This snapshot of Smith County is designed to inform and guide our work to build on our local strengths and proactively impact the challenges we face together.



FAMILY

Smith County can achieve social and economic benefits when families have the skills to support educational achievement and healthy relationships. In our county....

- 97.4% graduated from high school in 2014, versus an average of 87.2% in Tennessee³.
- 228 cases of child abuse were investigated. This contributes to 5.2% of the total reports in Tennessee for 2015³.
- 55.4% of 3rd 8th graders scored above average on the Tennessee Comprehensive Assessment Program in 2013 compared to 50.3% in Tennessee⁷.
- There are 1,156 (26%) single parent households².

FOOD

Access to affordable and nutritious food can influence the health and well-being of our local families. In Smith County, the USDA Food Environment Atlas indicates that in 2010-2012 in our county...

- 59.6% of students were eligible for free or reduced lunch4.
- There are 12 SNAP Authorized stores and there were \$425,580.64 in SNAP redemptions/per authorized store⁴.
- 8.9% of Tennesseans have limited access to healthy foods in their community⁴.
- Fruit and vegetable consumption affects multiple health outcomes.
 7.5% of Tennesseans met recommendations for fruit intake. Half of Tennesseans consumed fruit one time or less daily.
 6.2% of Tennesseans met recommendations for vegetable intake. Half of Tennesseans consumed vegetables
 1.6 times or less daily⁴.





MONEY

Families at lower socio-economic levels struggle to maintain financial stability because of stagnant earnings and job growth over the last two decades.

- 530 people (6.3%) in Smith County were unemployed in 20148.
- 1,086 children (24%) are living in poverty in Smith County⁶.
- 5.6% of families in Smith County have no personal vehicle available²
- 66.4% own their homes and 20.4% rent in Smith County².



HOME

Our homes provide shelter but also can be of concern if the structures are old, the cost of upkeep is high or there are indoor health concerns.

- Asthma prevalence is increasing among all age groups, especially children. In 2013, 11.3% of Tennesseans reported having asthma. In Smith County, the annual average for inpatient hospitalizations is 116 and 320 emergency department visits due to asthma. It is also the number one reason for school absences and missed days of work1.
- Most of Tennessee is at high risk for radon. The only way to know is to test. Smith County is at high risk according to the average test¹².
- In our county, 50.4% of all housing units (4,294) were built prior to 1980, making them more at risk for lead poisoning, injuries and poor energy efficiency².
- In Tennessee, 117 infants died in 2013 due to unsafe sleeping conditions¹⁰.

HEALTH

Healthier Tennessee initiatives have focused community action to support wise personal health choices to decrease the financial burden from rising healthcare costs and increase the health status of our residents. According to County Health Rankings...

- 12.9% of people report fair or poor health in Smith County, compared to 19.4% for Tennessee⁶.
- 35.5% of Smith County adults (5,019 individuals) are considered to be obese, compared to 32% of Tennessee adults⁶.
- 11.9% of Smith County Residents reported their physician told them they have diabetes compared to 12% of Tennessee adults. This excludes those who are pre-diabetic or who have gestational diabetes6.
- 19% of people living in Smith County could not access health care, compared to 17% for Tennessee⁶.
- Smith County is ranked 11th in life expectancy for 95 Tennessee counties⁶.

SOURCES

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